

Jugball

Objective: To knock down the other team's jug with a fleece ball or powerball.

Equipment: 25 fleece balls, 10 small cones, 8 big cones, 4 gator skin balls, 2 hinckley-schmitt jugs, and 2 three foot long PVC pipes.

Activity Description: Two teams will have a body part on the wall to start the game. Once music starts, there is a 10 second grace period to separate the balls in the center. The setup consists of 1 upside down jug on top of a 3" inch diameter PVC pipe inside of a 4 x 4 cone zone.

Procedure:

1. Ways to get out:
 - a. Hit shoulder to shoes by fleece ball only.
 - b. Throw a caught ball.
2. Ways to get back in:
 - a. Prison break: hit the front of the backboard on the other side of gym with one of the jailbreak balls.
3. No one may enter the cone zone with a body part, but they can pick balls up from outside the zone.
4. There are two jailbreak balls per team. A player can block with jailbreak balls. Blocking is not allowed with fleece ball. No fleece-to-fleece contact.
5. Guards can only block balls until they are the last person standing. Then they can get out, get others out, and knock down the jug.
6. If all the players from one team are out of the game, the game is over and reset.

Check of Understanding:

- Minimal amount of penalties.
- When can you throw the fleece balls?
- What can you throw the powerballs at?
- What else can you use the powerballs for?

Safety:

- Aggressive throws